Grampian Women’s Aid

One in four women will experience domestic abuse at some point in their lives.

On average two women are killed every week by a male partner or ex-partner in the UK.

To make a donation, please phone, e-mail or via our website.

“when you hear his key in the lock and you start to shake”

“when you beg him to stop and he doesn’t”

“when you start and end each day feeling scared”

“When you can’t talk to anyone because he’s taken your phone”

Grampian Women’s Aid

25 Greenfern Road,
Mastrick,
Aberdeen
AB16 6TS

Telephone: 01224 593381
Email: info@grampian-womens-aid.com
Website: www.grampian-womens-aid.com

Grampian Women’s Aid offers a free, confidential and non-judgemental service to women, children and young people, who have experienced domestic abuse.
Domestic abuse is when a partner or ex-partner makes you feel scared or frightened. You might be hurt physically, sexually or emotionally. It often gets worse over time. Although it can impact on anyone, it is most commonly experienced by women.

We know moving on from domestic abuse can be hard.

We are here for you on 01224 593381
We will listen and believe you
We will respect your choices
We can help you find somewhere safe for you and your children
We can advise you on housing, benefits and legal issues
We can assist you to speak to the police and the courts if you want us to
We will support you while you decide your future path

We are here for you on every step of the way.

Grampian Women’s Aid

‘this (the refuge) has been a home of safety of warmth and of comfort. I have received excellent support, encouragement and guidance in a time of great trial’.

‘I am not ashamed of the abuse anymore’.

‘You fully respected me and my wishes’.

What Services We Offer
One to one practical and emotional support.
Somewhere safe to stay either in refuge (if available) or other housing options.
Outreach support anywhere in Aberdeen or Aberdeenshire.
Children and young person’s support.
Specialist counselling.
Employment and training support.
Safety planning and safety measures for homes.
Specialist money advise.
Childcare provision.
Use of Interpreters.

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